

Direction received a referral from Children's Services with regard to Ben. Ben had a history of domestic abuse as a perpetrator, which led to his children being removed. Ben was aware that if he wanted to resume relationships with his children then he needed to address his anger and emotional management.

Direction identified a specialist third sector agency, The Change Project, that works specifically with perpetrators of domestic violence. Direction made an initial enquiry with The Change Project explaining Ben's situation and assessing his suitability for the programme. Through engagement with Ben by supporting and empowering him, he agreed to attend the project.

Direction explained to Ben how the Domestic Violence Prevention Group was for men who wanted to stop their abusive behaviour, and therefore he would have to accept that his previous actions were abusive, in order to fully engage with the programme. Direction supported Ben to engage with The Change Project ensuring Ben understood the purpose of the programme and the end goals.

Direction also provided advice and support to other specialist services such as the Respect Helpline and email service supporting those who are concerned about their violent behaviour towards a loved one. This self-help tool enhances the skills learnt in the weekly programme, so Ben could develop and sustain positive intimate relationships.

Direction empowered Ben to evidence that he was making the changes required to address his behaviour in order to have contact with his children.

Names have been changed